

CHRIST EMPOWERED

*Freedom*

Exodus 3:1 – 4:18

## Part 11

**If You Want to Live Free,  
You Must Trust God and  
Not the Spirit of Fear**



# Exodus 3:1

One day Moses was tending the flock of his father-in-law, Jethro, the priest of Midian. He led the flock far into the wilderness and came to Sinai, the mountain of God.

# Exodus 3:2

There the angel of the Lord appeared to him in a blazing fire from the middle of a bush. Moses stared in amazement. Though the bush was engulfed in flames, it didn't burn up.



# Exodus 3:3

“This is amazing,” Moses said to himself. “Why isn’t that bush burning up? I must go see it.”

# Exodus 3:4

When the Lord saw Moses coming to take a closer look, God called to him from the middle of the bush,

“Moses! Moses!”

“Here I am!” Moses replied.



# Exodus 3:5

**“Do not come any closer,” the Lord warned. “Take off your sandals, for you are standing on holy ground.**

# Exodus 3:6

I am the God of your father—the God of Abraham, the God of Isaac, and the God of Jacob.” When Moses heard this, he covered his face because he was afraid to look at God.



# Exodus 3:7

Then the Lord told him, “I have certainly seen the oppression of my people in Egypt. I have heard their cries of distress because of their harsh slave drivers. Yes, I am aware of their suffering.

# Exodus 3:8a

So I have come down to rescue them from the power of the Egyptians and lead them out of Egypt into their own fertile and spacious land.



# Exodus 3:8b

It is a land flowing with milk and honey—the land where the Canaanites, Hittites, Amorites, Perizzites, Hivites, and Jebusites now live.

# Exodus 3:9

**Look! The cry of the people of Israel has reached me, and I have seen how harshly the Egyptians abuse them.**



# Exodus 3:10

Now go, for I am sending you to Pharaoh. You must lead my people Israel out of Egypt.”

# Exodus 3:11

**But Moses protested to God, “Who am I to appear before Pharaoh? Who am I to lead the people of Israel out of Egypt?”**



# Exodus 3:12

God answered, "I will be with you. And this is your sign that I am the one who has sent you: When you have brought the people out of Egypt, you will worship God at this very mountain."

# Exodus 3:13

But Moses protested, “If I go to the people of Israel and tell them, ‘The God of your ancestors has sent me to you,’ they will ask me, ‘What is his name?’ Then what should I tell them?”



# Exodus 3:14

God replied to Moses, “I AM WHO I AM. Say this to the people of Israel: I AM has sent me to you.”

# Exodus 3:15a

God also said to Moses, “Say to the Israelites, ‘The Lord, the God of your fathers—the God of Abraham, the God of Isaac and the God of Jacob—has sent me to you.’”



# **Exodus 3:15b**

**This is my name forever,  
the name you shall call me from  
generation to generation.'**

# Exodus 3:16a

Go, assemble the elders of Israel and say to them, 'The Lord, the God of your fathers—the God of Abraham, Isaac and Jacob—appeared to me and said:



# **Exodus 3:16b**

**I have watched over you and  
have seen what has been done  
to you in Egypt.**

# Exodus 3:17

And I have promised to bring you up out of your misery in Egypt into the land of the Canaanites, Hittites, Amorites, Perizzites, Hivites and Jebusites—a land flowing with milk and honey.'



# Exodus 3:18a

The elders of Israel will listen to you.  
Then you and the elders are to go to  
the king of Egypt and say to him,  
'The Lord, the God of the Hebrews,  
has met with us.'

# **Exodus 3:18b**

**Let us take a three-day journey into the wilderness to offer sacrifices to the Lord our God.'**



# Exodus 3:19

**But I know that the king of Egypt will not let you go unless a mighty hand compels him.**

# Exodus 3:20

So I will stretch out my hand and strike the Egyptians with all the wonders that I will perform among them. After that, he will let you go.



# Exodus 3:21

And I will make the Egyptians favorably disposed toward this people, so that when you leave you will not go empty-handed.

# Exodus 3:22

Every woman is to ask her neighbor and any woman living in her house for articles of silver and gold and for clothing, which you will put on your sons and daughters. And so you will plunder the Egyptians.”



# Exodus 4:1

**But Moses protested again, “What if they won’t believe me or listen to me? What if they say, ‘The Lord never appeared to you?’”**

# Exodus 4:2

Then the Lord asked him, “What is that in your hand?”

“A shepherd’s staff,” Moses replied.



# Exodus 4:3

**“Throw it down on the ground,” the Lord told him. So Moses threw down the staff, and it turned into a snake!  
Moses jumped back.**

# Exodus 4:4

Then the Lord told him, “Reach out and grab its tail.” So Moses reached out and grabbed it, and it turned back into a shepherd’s staff in his hand.



# Exodus 4:5

“Perform this sign,” the Lord told him. “Then they will believe that the Lord, the God of their ancestors—the God of Abraham, the God of Isaac, and the God of Jacob—really has appeared to you.”

# Exodus 4:6

Then the Lord said to Moses, “Now put your hand inside your cloak.” So Moses put his hand inside his cloak, and when he took it out again, his hand was white as snow with a severe skin disease.



## **Exodus 4:7**

**“Now put your hand back into your cloak,” the Lord said. So Moses put his hand back in, and when he took it out again, it was as healthy as the rest of his body.**

# Exodus 4:8

The Lord said to Moses, “If they do not believe you and are not convinced by the first miraculous sign, they will be convinced by the second sign.



# Exodus 4:9a

And if they don't believe you or listen to you even after these two signs, then take some water from the Nile River and pour it out on the dry ground.

# Exodus 4:9b

When you do, the water from  
the Nile will turn to blood  
on the ground.”



# Exodus 4:10

But Moses pleaded with the Lord,  
“O Lord, I’m not very good with  
words. I never have been, and I’m  
not now, even though you have  
spoken to me. I get tongue-tied,  
and my words get tangled.”

# Exodus 4:11

Then the Lord asked Moses, “Who makes a person’s mouth? Who decides whether people speak or do not speak, hear or do not hear, see or do not see? Is it not I, the Lord?”



# Exodus 4:12

Now go! I will be with you as you speak, and I will instruct you in what to say.”

# Exodus 4:13

But Moses again pleaded,  
“Lord, please! Send anyone else.”



# Exodus 4:14a

Then the Lord became angry with  
Moses. “All right,” he said.  
“What about your brother,  
Aaron the Levite?”

# Exodus 4:14b

I know he speaks well. And look!  
He is on his way to meet you now.  
He will be delighted to see you.



# Exodus 4:15

Talk to him, and put the words in his mouth. I will be with both of you as you speak, and I will instruct you both in what to do.

# Exodus 4:16

**Aaron will be your spokesman to the people. He will be your mouthpiece, and you will stand in the place of God for him, telling him what to say.**



# Exodus 4:17

And take your shepherd's staff with you, and use it to perform the miraculous signs I have shown you.”

# Exodus 4:18

Then Moses went back to Jethro his father-in-law and said to him, “Let me return to my own people in Egypt to see if any of them are still alive.” Jethro said, “Go, and I wish you well.”



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## Part 11

**If You Want to Live Free,  
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**What is the Spirit of Fear?**

## **2 Timothy 1:7**

**For God did not give us a spirit  
of fear, but of power, love,  
and self-discipline.**



# Colossians 1:15

Christ is the visible image of the invisible God. He existed before anything was created and is supreme over all creation, for through him God created everything

# Colossians 1:16

in the heavenly realms and on earth.  
He made the things we can see and  
the things we can't see— such as  
thrones, kingdoms, rulers, and  
authorities in the unseen world.



# **Ephesians 6:10**

**Finally, be strong in the Lord  
and in his mighty power.**

# **Ephesians 6:11**

**Put on the full armor of God,  
so that you can take your stand  
against the devil's schemes.**



# **Ephesians 6:12**

**For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.**

**The Spirit of Fear Feeds  
Off of Our Baggage**



# **Baggage *Defined***

**Baggage is a collective term used to describe the emotional, psychological, and spiritual anxieties, burdens, and weights we inevitably carry around with us.**

# **Baggage *Defined***

**The baggage we carry is usually caused by deeply seeded thoughts, fears, trauma, abuse, rejection, etc. as well as any negative experiences or circumstances from our past.**



# Principle #1

**Like everything that God originally created that was good, fear has been distorted by sin.**

# Principle #2

**The Spirit of Fear makes you susceptible to the wrong influences, the wrong voices, and the wrong conclusions.**



# Exodus 3:11

But Moses protested to God,  
“Who am I to appear before  
Pharaoh? Who am I to lead the  
people of Israel out of Egypt?”

# Exodus 3:13

But Moses protested, “If I go to the people of Israel and tell them, ‘The God of your ancestors has sent me to you,’ they will ask me, ‘What is his name?’ Then what should I tell them?”



# Exodus 4:1

But Moses protested again,  
“What if they won’t believe me or  
listen to me? What if they say,  
‘The Lord never appeared to you’?”

# Exodus 4:10

But Moses pleaded with the Lord,  
“O Lord, I’m not very good with  
words. I never have been, and I’m  
not now, even though you have  
spoken to me. I get tongue-tied,  
and my words get tangled.”



**The Spirit of Fear will always aim to distort the truth of our identity, value, worth, and purpose through our negative past experiences, our present bleak circumstances, and our seemingly dim future.**

# Principle #2

**The Spirit of Fear makes you susceptible to the wrong influences, the wrong voices, and the wrong conclusions.**



# Principle #3

**Without God's intervention,  
the Spirit of Fear will keep you  
from receiving God's perfect will  
or keep you from doing God's will.**

# Principle #4

**The Spirit of Fear wants you  
to forget the truth of God's Word  
and His promises.**



# God's "I" Statements

**v.7 "I have seen," "I have heard,"  
and "I am aware of their  
sufferings."**

**v.8 "I will rescue them" and "I will  
lead them to the promised land."**

# God's "I" Statements

**v.9 "I have seen how harshly the Egyptians abuse them."**

**v.10 "I am sending you."**

**v.12 "I will be with you" and "I am the one who has sent you."**



# God's "I" Statements

**v.14 "I AM WHO I AM," "tell them I AM has sent me to you."**

**v.15 "Yahweh, the God of your ancestors—the God of Abraham, the God of Isaac, and the God of Jacob—has sent you to them."**

# God's "I" Statements

**v.16 "I have been watching closely, and I see how the Egyptians are treating my people."**

**v.17 "I have promised to rescue you" and "I will lead you to a land flowing with milk and honey."**

# God's "I" Statements

**v.19 "I know that the king of Egypt will not let you go unless a mighty hand forces him."**

**v.20 "I will raise my hand and strike the Egyptians, performing all kinds of miracles among them."**



# God's "I" Statements

**4.v.12 "Now go! I will be with you as you speak, and I will instruct you in what to say."**

# Principle #4

**The Spirit of Fear wants you  
to forget the truth of God's Word  
and His promises.**

# Principle #5

**The Spirit of Fear distorts  
your ability to see things  
through the lens of faith.**



# The **VICTOR** not **Victim**

- **Moses was the only male baby that survived death in the Nile River.**
- **Moses was adopted by Pharaoh's daughter & grew up in the palace.**

# The **VICTOR** not **Victim**

- **Moses' parents raised their son in his early years & were paid for it.**
- **Moses was given the best education available in the world.**
- **He learned the limits of his power**

# The **VICTOR** not **Victim**

- He showed a pure heart and incredible integrity in his willingness to give up the palace in order to identify with and free his people.



# The **VICTOR** not **Victim**

- Even as a killer and a fugitive, he was led to the place where he would gain his family and meet God face to face.
- He learned to shepherd.

# Principle #5

**The Spirit of Fear distorts  
your ability to see things  
through the lens of faith.**

# Principle #6

**There are at least three ways you can successfully master your fears.**



- **Befriend your fears.**
- **Bring them under the blessing.**
- **Carry them with you towards the presence and voice of our Beloved Heavenly Daddy.**

# Principle #7

**God will deliver you from the Spirit of Fear and will give you the power to live free despite your fears, if you ask Him in faith.**

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