

Cultivating Supernatural Contentment

Thrive

Philippians 4

Philippians 4:1

Therefore, my dear brothers and sisters, stay true to the Lord. I love you and long to see you, dear friends, for you are my joy and the crown I receive for my work.

Philippians 4:4

Rejoice in the Lord always.

I will say it again: Rejoice!

Philippians 4:5

Let everyone see that you
are considerate in all you do.

Remember, the Lord
is coming soon.

Philippians 4:6

Don't worry about anything;
instead, pray about everything.

Tell God what you need, and
thank him for all he has done.

Philippians 4:7

Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Philippians 4:8a

And now, dear brothers and sisters, one final thing.

Fix your thoughts on whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, and whatever is admirable,

Philippians 4:8b

**if anything is excellent
or praiseworthy,
think about such things.**

Philippians 4:9

Keep putting into practice all you learned and received from me— everything you heard from me and saw me doing. Then the God of peace will be with you.

Philippians 4:10

How I praise the Lord that you are concerned about me again.

I know you have always been concerned for me, but you didn't have the chance to help me.

Philippians 4:11

Not that I was ever in need,
for I have learned how to be
content with whatever I have.

Philippians 4:12

I know how to live on almost nothing or with everything.

I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little.

Philippians 4:13

For I can do everything through
Christ, who gives me strength.

Philippians 4:14

Yet it was good of you
to share in my troubles.

Philippians 4:15

As you know, you Philippians were the only ones who gave me financial help when I first brought you the Good News and then traveled on from Macedonia. No other church did this.

Philippians 4:16

Even when I was in Thessalonica
you sent help more than once.

Philippians 4:17

I don't say this because

I want a gift from you.

**Rather, I want you to receive
a reward for your kindness.**

Philippians 4:18

At the moment I have all I need—
and more! I am generously
supplied with the gifts you sent
me with Epaphroditus. They are a
sweet-smelling sacrifice that is
acceptable and pleasing to God.

Philippians 4:19

And this same God
who takes care of me
will supply all your needs
from his glorious riches,
which have been given to us
in Christ Jesus.

Philippians 4:20

Now all glory to God our Father
forever and ever! Amen.

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Contentment *Definition*

A peaceful state of being that lets you rest and leaves you satisfied.

Philippians 4:7

Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Principle #1

It is through prayer that the Lord bestows supernatural contentment.

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Rejoice in the Lord always.

I will say it again: Rejoice!

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are considerate in all you do.

Remember, the Lord
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instead, pray about everything.

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Principle #2

You are responsible for cultivating
the supernatural contentment
that God gives you.

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instead, pray about everything.

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thank him for all he has done.

Philippians 4:7

Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Philippians 4:8a

And now, dear brothers and sisters, one final thing.

Fix your thoughts on whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, and whatever is admirable,

Philippians 4:9

Keep putting into practice all you learned and received from me— everything you heard from me and saw me doing. Then the God of peace will be with you.

**Discontentment
is like sea water;
the more you drink,
the more dehydrated
you get and the thirstier
you become.**

Enemies of Contentment:

- God sized void in our heart
- Selfishness
- Covetousness
- Comparison
- Jealousy
- Complacency
- Poor theology of sufficiency

Principle #3

God's supernatural contentment
does not depend on the "right"
people, place, circumstance,
or situation.

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I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little.

Principle #4

God desires to strengthen you
with His supernatural
contentment, especially during
the darkest of days and times.

Philippians 4:13

For I can do everything through
Christ, who gives me strength.

Principle #5

Supernatural contentment
doesn't just please God, it also
impacts how we treat others.

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Yet it was good of you
to share in my troubles.

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and more! I am generously
supplied with the gifts you sent
me with Epaphroditus. They are a
sweet-smelling sacrifice that is
acceptable and pleasing to God.

Principle #6

Supernatural contentment requires a conviction that Christ's power, purpose, and provision is sufficient in all things.

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And this same God
who takes care of me
will supply all your needs
from his glorious riches,
which have been given to us
in Christ Jesus.

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